

Veterans Coaching Alliance

Learning Disabilities

Information from The Tad James Co <https://www.nlpcoaching.com/learning-disabilities/>

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DISCLAIMER: This information is presented for educational purposes only. Nothing presented here should be construed as medical advice and/or as a replacement for allopathic and official medicine. This information is not intended to diagnose, treat, mitigate or cure any condition. If you have a medical condition, seek the advice of a competent health care provider.

Learning disabilities are disorders that affect the ability to understand or use spoken or written language, do mathematical calculations, coordinate movements, or direct attention.

Although learning disabilities cannot be cured and NLP or **Time Line Therapy®** do not make any claims in this respect, there are some useful and effective tools both have to reveal for immediately-applicable solutions. These tools and skills can assist both young persons and parents to greater understanding of how to alleviate the severity of the issue and to restore a better quality of life.

In NLP, learning the visual strategy (most poor learners are having the wrong strategy – **kinesthetic**) for remembering and recollecting information presented.

NLP also allows us to discover the Learning Strategy itself and to modify it and change it accordingly. In most poor learners, this strategy is incomplete or even defective.

The “learning state” is another simple technique coming from NLP, which allows the unruliest person to be quiet and peaceful but also very receptive and focus the attention. The learning state also increase retention and recollection of information, from spelling to mathematical formula.

In many cases the learning disability is doubled up by unresolved Negative Emotions. One just does not feel good when is labeled learning disabled, and yet one must deal with this situation. Unfortunately, Negative Emotions do not help either. **Time Line Therapy®** can assist in letting go of all Negative Emotions form the past and leave the person only with positive emotions. Instead of carrying with them the burden of unresolved Negative Emotions from the past, one is free to proceed into the future in a far better emotional state. By becoming free of past Negative Emotions and Limiting Beliefs about oneself, an individual is in fact almost re-wiring the brain in a different way.

NLP and Time Line Therapy® have a different approach. Mental skills like remembering and recollecting information are increased, the emotional state becomes far more positive, and new habits kick in. In general, the quality of life and participation in society is restored.

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